

DORSET COUNTY ASA

2025 INTEGRATED CHAMPIONSHIPS and AGE GROUP COMPETITION

Licence numbers 2SW250191, 2SW250192, 2SW250193 and 2SW250194 held under

Swim England Laws and Regulations and Swim England Technical Rules of Racing

COMPETITION RULES

- 1 The Dorset County ASA General Competition Conditions will apply as published on the Dorset County ASA website unless inconsistent with the conditions which follow. All competitors, or in the case of a minor the parent/guardian of that minor, will be deemed to have accepted the approved and published conditions by submitting an entry to participate in a Dorset County ASA competition.
- 2 Swimmers entering the 2025 Integrated Championships and Age Group Competition (hereinafter referred to as the "Competition") must be eligible to compete:
 - (a) by holding the necessary birth, residential, or affiliated club membership qualification, AND
 - (b) must be a registered member of the club in the name of which they are entered for at least one calendar month before the first day of the Competition.
- 3 Swimmers entered in the Championships of another County Association, or any event in the competition programme of another County Association, in the same year as this Competition are not eligible to compete in this Competition or any event covered by the Dorset General Competition Conditions, as published on the Dorset County ASA website.
- 4 The following conditions will apply to ALL competitors:
 - (a) Competitors must have a Swim England registration number and be registered through their club as Swim England Club Compete. No entry will be accepted without the current Swim England registration number of the competitor.
 - (b) The Competition will be run as an integrated competition. Para-Swim competitors must:
 - i have an authorised national or international Para-Swimming Classification, Certificate of Disability or Certificate of Exception which must be declared on the entry form; and
 - ii competitors with a Certificate of Disability/Exception MUST present the Certificate to the Referee at the start of the relevant session before racing commences. Failure to do so may result in disqualification.
 - (c) The 'Female' category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Policy. By entering the 'Female' category a swimmer confirms that their birth sex is female.
 - (d) Submitted times for events entered in this Competition must be:
 - i Swim England or WPS Official Times achieved in an event held under Swim England Laws and Regulations and Technical Rules of Racing and verified on Swim England Rankings; and
 - ii have been achieved within the qualifying period specified for the Competition.
 - (e) It is the responsibility of the club to certify that all swimmers entering the Competition are eligible in accordance with Rule 2(a-b) and any exclusions that may be specified in the Entry Conditions for this Competition; submitted times must comply with Rule 4(d)i-ii.
 - (f) Entries received will be subject to satisfying the qualifying and/or consideration standard(s) as specified by the Entry Conditions for this Competition. Entry times outside of the qualifying and/or consideration standards will not be accepted.
 - (g) Para-Swim Consideration Standards for County Events will apply for swimmers with Para-Swimming Classification or a Certificate of Disability/Exception. Entry times outside of the Para-Swim Consideration Standards for Para-Swim events will not be accepted.
 - (h) Submitted entries must be made using Short Course times, or those converted from Long Course times using approved Swim England conversion tables.
 - (i) Entries will be seeded on submitted times with the slowest time swimming first. Para-Swim competitors will be seeded in the appropriate time-ranked heat.
 - (j) The Competitions Manager reserves the right to request acceptable validation of any stated Official Time before an entry is accepted.
 - (k) All entries must comply with Rule 4(a-h). Any entries not complying with Rule 4(a-h), or are found to be

incorrect or ineligible, shall be void and the entry fee forfeited.

- 5 The following conditions will apply to ALL entries:
 - (a) Entries must be received by the Competitions Manager by the official closing date as a whole Club Entry via Sportsystems Entry Manager. Payment by BACS or a single cheque payable to Dorset County ASA must accompany each Club Entry.
 - (b) Where payment is made by BACS, proof of payment must be provided with submitted entries. Where payment is made by cheque, proof of posting should be retained. Payment by cheque after the official closing date will not be accepted without evidence of posting having been made in sufficient time to ensure arrival by the official closing date.
 - (c) Entries submitted by the official closing date without payment of entry fees will be considered null and void and will not be processed.
 - (d) No entries will be accepted after the official closing date regardless of reason or without payment of entry fees having been submitted in full by the official closing date.
 - (e) Improved entry times will not be accepted after the official closing date regardless of date of achievement and requests for time trials will not be accepted at any time.
 - (f) Entries will only be accepted from eligible individuals in exceptional circumstances and by application to the Competitions Manager prior to the closing date of the Competition.
- 6 Clubs will receive official confirmation of accepted entries prior to the Competition and any rejected entries will be listed. Swimmers who are not listed on the official confirmation of accepted entries will not be permitted to compete.
- 7 The Competitions Manager should be notified of any discrepancies by the date specified. Notification of discrepancies by the date specified does not guarantee that a discrepancy can or will be revised.
- 8 Refunds due to a club will be made to the club by BACS or a single cheque after completion of the Competition.
- 9 No refunds will be made for withdrawals of individual entries after the official closing date unless on medical grounds. A refund for withdrawal on medical grounds will be considered provided:
 - (a) A request for refund is made to the Competitions Manager no later than 72 hours prior to the start date and time of the applicable weekend of competition, and
 - (b) a medical note signed by an appropriate medical authority is submitted to the Competition Manager within four weeks of that date, noting
 - (c) refunds for partial withdrawal of events per day will not be accepted.
- 10 For the purposes of this Competition, the cut-off date for receipt by the Competitions Manager for a refund on medical grounds will be:
 - 2 February: 11.00 hrs 30 January 2025
- 8/9 February 2025: 11.00 hrs 5 February 2025
- 16 February 2025: 11.00 hrs 13 February 2025
- 22/23 February 2025: 10.00 hrs 19 February 2025
- 11 Requests for medical refunds not received by the date specified, or without a medical note signed by an appropriate medical authority will be refused.
- 12 The Competition will run with pre-seeded heats according to Rule 4(i) of the Competition Rules. Empty lanes on the day due to withdrawals will remain vacant. A secondary strobe will be available throughout the Competition.
- 13 Failure to appear in the designated heat will cancel any right to compete in that event. Competitors who fail to appear in the designated heat of an event may be permitted to swim in empty lanes in that event at the discretion of the Referee on a first-come first-served basis.
- **14** All competitors will be placed except for any swimmer disqualified.
- 15 The electronic timing is provisional and may be overruled by the Referee. The Referee's decision is final, subject to Swim England Laws.
- 16 The Official Promoter of the Competition is the Dorset County ASA Swimming Committee, which has set the conditions of the Competition. A Promoter's Representative who will be in attendance on the day will be appointed in advance of the Competition. Any matters arising that are not covered within these Competition Rules and Entry Conditions will be dealt with in accordance with the Laws of the sport and at the discretion of the Promoter.
- 17 The Swimming Committee has delegated organisation of the event to a Competitions Manager. The Competitions Manager for this Competition is Mrs D Gibbs, 22 Stibbs Way, Bransgore, Christchurch, Dorset BH23 8HG.
- 18 The Lead Referee appointed for this Competition shall be the Dorset County ASA Officials Secretary.
- 19 The date and events for the programme of the 2025 Competition are as printed in the 2025 Entry Conditions.
- All participants, including but not restricted to the Competition organisers, competitors, coaches, officials, host volunteers and spectators, shall comply with the Dorset County ASA Code of Ethics and Code of Conduct. Dorset County ASA reserves the right to take disciplinary action against a club, competitor, or individual for infringement of these policies.
- 21 Only the Competition organisers, competitors, officials, host volunteers appointed by Dorset County ASA, and club

- team personnel or personal care attendants with an accredited poolside pass are permitted on poolside; spectators are not permitted on poolside at any time.
- Poolside passes for club team personnel will be issued in accordance with the Swim England Team Manager, Coach and Chaperone Policy 2023. Club team personnel must apply for an accredited poolside pass through the online Swim England Accreditation process (Appendix 1 refers). Poolside passes must be worn and visible at all times.
- 23 In accordance with Swim England Rules, all club team personnel participating in any Dorset County ASA event must fulfil the following criteria as required by their role when purchasing a poolside pass:
 - DBS: in-date Disclosure & Barring Service certificate (all coaches, team managers and chaperones).
 - Safeguarding: in-date Safeguarding certificate recorded with the Swim England Membership Department (all coaches, team managers and chaperones).
 - Coaches: Coaching Qualification/Certificate Assistant Swimming Coach or Level 1 minimum.
 - Team Managers: Team Manager Training Module 1 or 2 Certificate.
 - Chaperones: Club authorisation to be acting in loco parentis on behalf of the club. [Note: The Competitions Manager must be advised no later than seven days prior to the start of the Competition]
- Personal care attendants will only be permitted for competitors where assistance is authorised in their code of exceptions; all personal care attendants must have accreditation. A poolside pass will be issued to an accredited personal care attendant on application to the Competitions Manager no later than seven days prior to the start of the Competition. Such attendants will be excluded from any restriction on club team personnel numbers and will be given the same accreditation as the swimmer for whom they have personal responsibility. A competitor who has assistance as specified may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free of charge.
- 25 Competitors and club team personnel will not enter the hired area until the Competitions Manager gives permission. All participants must observe safety announcements and conduct themselves in accordance with those announcements at all times. Spectators are not permitted to block exit routes or sit in gangways.
- Wheelchair access required by a competitor or coach MUST, if it is a requirement of the host venue, be approved in advance with the venue management by the individual. A Personal Evacuation Plan agreed with the venue management must be submitted to the Referee prior to the start of the Competition.
- 27 It is the responsibility of each Club Committee to ensure that its club team personnel are responsible for their competitors on poolside, including but not restricted to behaviour, dress and conduct towards other competitors, officials, and Competition organisers at all times.
- 28 Competitors are not permitted to change on poolside and are required to wear clothing appropriate for land training when warming-up on poolside. Competitors must not undertake land training on poolside in swimwear only.
- A designated area on poolside will be allocated to each club based on entry numbers in accordance with the current Risk Assessment for the Competition. The area designated to each club on poolside is not negotiable.
- 30 The use of a warm-down facility is available to competitors ONLY if supervised by one of their club officials with an accredited poolside pass. The facility will be withdrawn by the Referee if the use is unsupervised or if deemed to be a risk to health and safety. A warm-down facility may not be used for warm-up or training purposes.
- 31 Presentations will be in accordance with the published timetable and as follows:
 - (a) Presentations will only be made to recipients wearing suitable poolside club clothing that complies with the current Swim England Child Safeguarding Policy.
 - (b) Awards will only be presented to recipients who have won those awards.
 - (c) The Promoter reserves the right not to present awards if the recipient does not comply with Rules 31(a-b), or who does not make themselves available in a timely manner for presentation. The Promoter's decision is final.
 - (d) Competitors who do not make themselves available at the required time for presentation will not be presented with their award at a later date and/or time.
- 32 The Referee on the day of competition is responsible for all aspects of health, safety and fair play in the area hired by Dorset County ASA and can halt the Competition at any time if there are perceived risks to competitors, officials, spectators, or Competition organisers.
- Dorset County ASA reserves the right to refuse admission to any club official, coach, team manager, chaperone, competitor, or spectator. Behaviour by any individual deemed to be inappropriate, disrespectful, abusive, and/or aggressive will result in that individual being required to leave the area hired by Dorset County ASA and being excluded from all future Dorset County ASA events.
- Promotional activities or fundraising at Dorset County ASA events by affiliated clubs, members of affiliated clubs or external organisations associated with affiliated clubs or members of affiliated clubs are strictly forbidden under any circumstances.
- 35 Swim England Guidance on Photography as published in Wavepower: Swim England Child Safeguarding Policy and

Procedures (http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/) applies to this Competition and will be implemented as follows:

- (a) Spectators may engage in video and photographic activities of family members from the spectator area only. Flash photography at the start of a race is prohibited.
- (b) Videoing or photography on poolside by individuals, including but not restricted to coaches, team managers, chaperones and host volunteers, for <u>any</u> purpose is prohibited during the Competition at any time in accordance with the contractual agreement(s) with the venue(s).
- 36 Dorset County ASA reserves the right to take and publish still or video photography during the Competition. Any request not to be photographed MUST be documented on a Photography Consent Form submitted to the Competitions Manager by the Club Entry Officer at least two weeks before the first date of Competition.
- 37 All clubs participating in a Dorset County ASA event are required to assist in hosting that event on the day. Host Clubs may be appointed, or clubs requested to fulfil specific roles, by the Competition Volunteers Co-ordinator.
- 38 The Promoter will endeavour to run this Competition as advertised; excepting if the Competition:
 - (a) must be cancelled, competitors are not eligible for a full refund of entry fees. Proportionate refunds may be made but only after the Promoter has covered all incurred costs; or
 - (b) run either unlicensed or at a lower licence level, competitors are not eligible for a refund of entry fees.

Data Protection statement: Entries will be held on a password protected computer solely for the purpose of this Competition and consent to the holding of personal information, as required by the Data Protection Act 2018 and in accordance with GDPR 2018, will be deemed to have been given by the submission of the entry for the purpose of participating in this Competition. Personal Data will be available for inspection during the Competition on application to the Competition Manager. Data will only be shared with Swim England Rankings and held by Dorset County ASA for a maximum of 12 months.

Appendix 1:

Coach, Team Manager & Chaperone Accreditation Process

All club team personnel require an accredited pass to be allowed on poolside at a Dorset County ASA competition (see General Competition Rules 21-22 inc). Coaches, team managers and chaperones must apply for an accredited pass via the Swim England System for Accreditation, which is the same as used for national events. Only club team personnel with the appropriate accreditation will be able to acquire a pass (see General Competition Rule 23). There is a fee of £5 for an accredited pass.

Club team personnel without a pass will not be admitted to the event.

To apply for a pass:

- 1. Log into www.swimmingresults.org
- 2. On the 'Members' tab click on 'Swim England Member Options'. This will bring up a log-in screen for which you will need your membership number and password (details on how to make an account or reset your password if forgotten are available on this page). Once logged in, there will be several options listed.
- 3. Click on the link for 'Purchase accreditation for events here'. Passes are valid for three months only (ie 1 Jan 31 March, 1 Apr 30 June, 1 July 30 Sept, 1 Oct 31 Dec). Please note you must have a headshot photo uploaded, and all your qualifications, Safeguarding and DBS information must be in-date on your Club OMS system to be able to purchase accreditation.
- 4. Scroll through the list of events and click on the link for the Dorset County Championships 2025.
- 5. All fields for this event need to show as green ("pass") for you to be able to purchase accreditation. If any box is flagged red ("fail") you will be unable to purchase accreditation. Check with your club that all your information on OMS is up to date.
- 6. On the same page click on 'purchase accreditation' and follow the prompts.
- 7. After payment there will be the option to print your accreditation. Print your accreditation and bring to the event where you will be given a pouch and lanyard. The pass must be worn throughout the event.

2025 ENTRY CONDITIONS

1 DATES

(a) Dorchester: Sunday 2 February 2025 [800m Freestyle]

(b) Littledown: Saturday 8 February and Sunday 9 February 2025

(c) Dorchester: Sunday 16 February 2025 [1500m Freestyle]

(d) Littledown: Saturday 22 February and Sunday 23 February 2025

(e) Entries closing date: Friday 3 January 2025 (mid-day)

2 AGE GROUPS

(a) Age: Age as of 31 December 2025

(b) Age Groups: A: 10/11yrs B: 12yrs C: 13yrs D: 14yrs E: 15yrs F: 16yrs G: 17/over

3 ENTRY FEES

(a) 50/100/200/400m: £7.50 per event (b) 800/1500m: £8.50 per event

4 EVENTS

- (a) This Competition is a Level 2 Licensed Meet. All events and distances are as defined by Swim England Laws and Regulations and Swim England Technical Rules of Racing.
- (b) Finals will be held for 50m and 100m events; all other events will be Heats Declared Winner (HDW).
- (c) Heats will be spearheaded and in events with Finals the last three heats will be cyclically seeded.

5 ENTRY TIMES

There are no Qualifying Times for this Competition. Consideration Times for 14/over have been set using the published Swim England BSC Average Times (2015-19). Consideration Times for 13/under have been set using Swim England Graded Tables (Regional).

(a) Submitted Entry Times

All submitted entry times must have been achieved at a licensed meet (L1-4 inc) and appear on Swim England Rankings; entry times not published on Swim England Rankings will not be accepted.

(b) Acceptance of entries – individual events

- i Entries will be accepted in accordance with the fastest submitted times, the Competition time limits, and the venue capacity as specified by the Normal Operating Procedure of the venue.
- ii Numbers on poolside and/or the maximum number of heats for all or selected events as appropriate may therefore be limited which may necessitate rejection of swimmers regardless of qualifying and/or consideration times as applicable.
- iii A Consideration Time does not infer automatic acceptance into the Competition.
- iv Secondary registration is required for the long-distance Freestyle events. Competitors and notified reserves MUST register at the Recorders Desk 30 minutes prior to the published Start Time on the day of the swim. Failure to register in person as specified will forfeit the right to compete.

(c) Acceptance of entries – Para-Swim Competitors

- i Swimmers with Para-swimming Classification or a Certificate of Disability/Exception achieving Para-Swim Consideration Standards for County Events will be accepted as time permits; a Para-Swim Consideration Time does not infer automatic acceptance into the Competition.
- ii Para-Swim swimmers may also enter any event that is not deemed a Para-Swim Event for their classification, subject to satisfying the relevant consideration standard(s) as specified in the Entry Conditions.

(d) Specified Competition Period

The qualifying period for entry times submitted for this Competition is 20 January 2024 to 3 January 2025.

6 FINALS

- (a) Finals for all 50m and 100m events will be held in the following age groups: 10/11 years, 12 years, 13 years, 14 years, 15 years, 16 years, and 17/over.
- (b) Finalists' lists will be posted on poolside within 15 minutes after the last heat of each event with Finals.
- (c) Swimmers with Para-Swimming Classification or a Certificate of Disability/Exception may compete in Finals provided the time achieved in the heat swim qualifies that competitor for the Final of that event.
- (d) There will be no formal withdrawal process for Finals. All notified Finalists and Reserves will be deemed to have accepted a place in the applicable Final and should report to the Marshalling Area for the Finals session.
- (e) Where a Finalist fails to report to the Marshalling Area for a Final by the start of the previous Final, a Reserve for that event will be allocated the empty lane.

7 SENIOR/JUNIOR CHAMPIONS

(a) Events with Finals

- i The Senior Champion of each event with Finals will be the competitor returning the fastest time overall for that event from the Age Group Finals regardless of age.
- ii The Junior Champion of each event with Finals will be the Junior swimmer, as determined by clause 7(c)I, returning the fastest time overall for a Junior swimmer for that event in the Age Group Finals.

(b) Heats Declared Winner (HDW) events

- i The Senior Champion of each HDW event will be the competitor returning the fastest time overall for that event regardless of age.
- ii The Junior Champion of each HDW event will be the Junior swimmer, as determined by clause 7(c)I, returning the fastest time overall for that event.

(c) Junior Swimmers

- i Junior Swimmers are competitors who are under 16 years of age on 31 December 2025.
- ii Swimmers under 16 years of age at midnight on the DAY of a swim may claim a Junior County Record.

8 AWARDS

(a) Events with Finals

- i Male/Open and Female age bands for the purposes of awards for events for Finals in this Competition are: 10/11 years, 12 years, 13 years, 14 years, 15 years, 16 years and 17/over.
- ii Medals will be awarded to the top three placed competitors in each of the designated age bands for events with Finals. Medals will not be awarded for the heats of events with Finals.

(b) Heat Declared Winner (HDW) Events

- i Male/Open and Female age bands for the purposes of awards for HDW events in this Competition are: 10/11 years, 12 years, 13 years, 14 years, 15 years, 16 years, and 17/over.
- Medals will be awarded to the top three placed competitors in each of the designated age bands for HDW events.

(c) Para-Swim Competitors

Medals will be awarded to the top three placed Para-Swim competitors in each event which shall be determined on a multi-disability basis; he minus one ruling shall not apply.

(d) Championships Awards

- i Senior Championships medals will be awarded for the overall top three placed competitors from the Age Group Finals of each event with Finals and for each HDW event regardless of age.
- ii Junior Championships medals will be awarded to the overall top three placed competitors for a Junior swimmer (clause 7(c)i refers) from the Age Group Finals of each event with Finals and for each HDW event.
- iii Senior and Junior Champions will be formally presented with County trophies were applicable.
- iv Para-Swim competitors are eligible for Championships Awards provided the time achieved in a Final or an HDW event qualifies that competitor for a Championships award in accordance with clause 8(d)i-ii.

(e) Performance Awards

Performance Awards will be made to the top eight placed Male/Open and Female competitors in each of the qualifying age groups as follows: 10 years, 11 years, 12 years, 13 years, and 14 years.

- i Performance Awards will be made according to the overall performance points accrued for heat swims from Events Categories.
- ii Performance Awards Events Categories are:
 - (1) Sprint (Best 50m swim)
 - (2) 100m (Best 100m swim)
 - (3) Form (Best 200m Backstroke or 200m Breaststroke or 200m Butterfly)
 - (4) Distance (Best 200m or 400m Freestyle)
 - (5) Medley (Best 100IM or 200IM or 400IM)
- iii Overall performance points will be calculated from a combination of points accrued from each of the Events Categories. Points are not accumulative; the greatest number of points achieved for <u>one</u> swim in each category will be taken into consideration.
- iv Para-Swim competitors are eligible for Performance Awards provided overall performance points achieved qualify that competitor for a Performance Award in accordance with clause 8(e)i.

(f) Team Awards

A trophy for 'Top Club' calculated from Club Team Points will be awarded at the end of the Competition.

(g) Presentations

Presentation of awards will be in accordance with the published timetable and as time permits but may be amended or cancelled on the day of competition.

(h) Medals Desk

- i Medals for HDW, Finals and Para-Swim events may be collected from the Medals Desk once results have been announced. There will be no formal presentation of medals for these events.
- ii Medals must be collected from the Medals Desk during the Competition. The Medals Desk will close 15 minutes after the results of the final event of the Competition have been published. Uncollected awards will not be posted or made available for collection after the Competition.

9 Club Team Points and Club Medals Table

- (a) Points will be awarded for all competitors placed first to eighth in their respective age groups in individual HDW events and in Finals as follows: 1st place = 8 points descending to 1 point = 8th place.
- (b) A competitor with dual registration may only represent one club for the duration of the Competition, which shall be the club named on the entry form.
- (c) A Club Medals Table will be published after the Competition.

10 Spectator Admission

- (a) Spectator admission per day to this Competition at Littledown is as follows:
 - i All sessions Adults £5.00 Under-16s £2.50
 - ii One session Adults £3.00 Under-16s £1.50
- (b) Spectator admission per day to this Competition at Dorchester is as follows:
 - i Long Distance Adult £1.50 Under-16s free
- (b) Admission does not guarantee a seat will be available; seats cannot be pre-booked.
- (c) Spectator admission will be in accordance with the venue capacity as specified by the Normal Operating Procedure of the venue and which governs the Dorset County ASA Risk Assessment for the Competition as follows:
 - i Littledown: 170 persons seated and 30 persons standing in the walkway behind the viewing gallery.
 - ii Dorchester: 147 seated and 160 persons standing in the hallway behind the viewing gallery.
 - iii Wheelchairs: Access is limited to the space allotted by the venues management. Prior booking for wheelchairs with the Competitions Manager is required.
- (d) Wristbands will be issued according to the maximum limit for the spectator area(s) for that session and are not transferable. Admission will be refused without the designated wristband for the relevant session(s).
- (e) All spectators may be required to vacate the spectator area(s) between each session in which case spectators' possessions will be removed from the spectator area(s) to prevent seat blocking.
- (f) A programme of events and start sheets will be available to download from the Dorset County ASA website.

11 Poolside access

- (a) Swimmers are permitted poolside only if competing in that specific session.
- (b) Poolside passes for club team personnel will be strictly limited and issued to each club by the Competitions Manager in accordance with the Team Manager, Coach & Chaperone Policy 2023 on receipt and acceptance of entries.
- (c) All club team personnel require an accredited poolside pass which <u>must</u> be worn and visible at all times. The relevant competition for purchasing poolside accreditation is "Dorset County Championships 2025".
- (d) Host volunteers are permitted poolside only on the day(s) of competition for which they have been appointed by Dorset County ASA. All host volunteers are required to wear a hi-vis vest allocated by Dorset County ASA for identification purposes.
- (e) The Competitions organisers and all officials will wear visible accreditation.

12 Officials & Volunteers

- (a) Officials are requested to make offers to officiate during this Competition on the Swim-Meet software https://www.swim-meet.com/OfficialsSignup/DorsetCounty/; session(s) to be chosen from the programme of events and contact details to be completed. Officials may claim for mileage at the current published county rate if:
 - i volunteering for all sessions scheduled on the day of competition at a licensed event that is part of the Dorset County ASA competition programme; and
 - ii on receipt of a claim form authorised by the Dorset Count ASA Officials Secretary.
 - iii The current published rate for mileage is 45p per mile.
- (b) Volunteers are requested to make offers of assistance to host this Competition on the Swim-Meet software https://www.swim-meet.com/VolunteersSignup/DorsetCounty/; session(s) to be chosen from the programme of events and contact details to be completed. Volunteers will automatically receive free car parking at venues where car parking charges are applied for the sessions for which they provide assistance; spectator and car parking charges will apply at all other times.

Competitor Health Declaration

To ensure safety procedures and protocols are observed, together with the well-being of all competitors, all associated medical conditions with the potential to affect a competitor during the competition MUST be declared on a Health Information Form together with the management plan for the condition, and be submitted to the Competition Manager, or designated Health & Safety Officer, at least two weeks before the first date of Competition. The Declaration shall be made by the competitor/parent/guardian for the sole use of those persons with responsibility for health and safety during the Competition. The content of the declaration will be held in strict confidence, and only shared when essential to ensure the safety of the competitor during the Competition. The forms of those swimmers who compete in the Dorset County Championships 2025 will be held securely on file until the final Dorset County ASA competition of the 2025 season.

PROG	RAMM	E OF EVENTS				
SUND	AY 2 FE	BRUARY 2025	at DORCHESTER			
SESSIOI	N 1 HDW	1				
	up: 11.30		Start: 12.00		Estimated f	inish: tbc
Event	101	800m	Freestyle	Mixed	HDW	11/over
LVEIIL	101	800111	Freestyle	IVIIXEU	TIDVV	11/0Vei
PROG	RAMM	E OF EVENTS				
			25 at LITTLEDOWN			
SATU	NDATO	FLDROART 20	25 at LITTLLDOWN			
CECCIO		*C (11D)4/				
	N 2 HEAT up: 11.45	-	Start: 12.50		Estimated f	inish: the
vvarm-i Event	201	200m	Individual Medley	Female	HDW	All ages
LVCIIL	201	100m	Backstroke	Male/Open	Heats	All ages
	202	50m	Breaststroke	Female	Heats	All ages
	204	400m	Freestyle	Male/Open	HDW	All ages
	204	400111	Treestyle	Ινιαίο, Ορείτ	11544	7111 dge3
SESSIOI	N 3 FINA	IS				
Warm-			Start: tbc		Estimated f	inish: the
vent	205	50m	Breaststroke	Female	Final	10/11 years
	206	50m	Breaststroke	Female	Final	12 years
	207	50m	Breaststroke	Female	Final	13 years
	208	50m	Breaststroke	Female	Final	14 years
	209	50m	Breaststroke	Female	Final	15 years
	210	50m	Breaststroke	Female	Final	16 years
	211	50m	Breaststroke	Female	Final	17/over
	212	100m	Backstroke	Male/Open	Final	10/11 years
	213	100m	Backstroke	Male/Open	Final	12 years
	214	100m	Backstroke	Male/Open	Final	13 years
	215	100m	Backstroke	Male/Open	Final	14 years
	216	100m	Backstroke	Male/Open	Final	15 years
	217	100m	Backstroke	Male/Open	Final	16 years
	218	100m	Backstroke	Male/Open	Final	17/over
SESSIOI	N 4 HEAT	S/HDW				
Warm-ı	up: tbc		Start: tbc		Estimated f	inish: tbc
Event	219	100m	Freestyle	Female	Heats	All ages
	220	100m	Breaststroke	Male/Open	Heats	All ages
	221	200m	Breaststroke	Female	HDW	All ages
	222	200m	Butterfly	Male/Open	HDW	All ages

	IKAIVIIVII	E OF EVENTS					
SATU	RDAY 8	FEBRUARY 2025 a	t LITTLEDOWN				
SESSIO	N 5 FINA	ıs					
	up: tbc		Start: tbc		Estimated 1	finish: the	
Event	223	100m	Freestyle	Female	Final	10/11 years	
	224	100m	Freestyle	Female	Final	12 years	
	225	100m	Freestyle	Female	Final	13 years	
	226	100m	Freestyle	Female	Final	14 years	
	227	100m	Freestyle	Female	Final	15 years	
	228	100m	Freestyle	Female	Final	16 years	
	229	100m	Freestyle	Female	Final	17/over	
	230	100m	Breaststroke	Male/Open	Final	10/11 years	
	231	100m	Breaststroke	Male/Open	Final	12 years	
	232	100m	Breaststroke	Male/Open	Final	13 years	
		100m	Breaststroke	Male/Open	Final	14 years	
	233						
	234	100m 100m	Breaststroke	Male/Open	Final	15 years	
	235	100m	Breaststroke	Male/Open	Final	16 years	
	236	TOOLLI	Breaststroke	Male/Open	Final	17/over	
		+					
DROG	CD A DADA	E OF EVENTS					
		BRUARY 2025 at L					
	N 6 HEAT	-	Start: 12 E0		Estimated	inish: the	
Warm	up: 11.45		Start: 12.50	Male/Onen	Estimated 1		
	up: 11.45	200m	Individual Medley	Male/Open Female	HDW	All ages	
Warm	up: 11.45 301 302			Male/Open Female Male/Open		All ages All ages	
Warm	up: 11.45	200m 100m	Individual Medley Backstroke	Female	HDW Heats	All ages	
Warm	301 302 303	200m 100m 50m	Individual Medley Backstroke Breaststroke	Female Male/Open	HDW Heats Heats	All ages All ages All ages	
Warm Event	301 302 303	200m 100m 50m 400m	Individual Medley Backstroke Breaststroke	Female Male/Open	HDW Heats Heats	All ages All ages All ages	
Warm Event SESSIO	up: 11.45 301 302 303 304	200m 100m 50m 400m	Individual Medley Backstroke Breaststroke	Female Male/Open	HDW Heats Heats	All ages All ages All ages All ages	
Warm Event SESSIO	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305	200m 100m 50m 400m	Individual Medley Backstroke Breaststroke Freestyle	Female Male/Open	HDW Heats Heats HDW	All ages All ages All ages All ages Inish: tbc 10/11 years	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306	200m 100m 50m 400m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke	Female Male/Open Female Male/Open Male/Open	HDW Heats Heats HDW Estimated final Final	All ages All ages All ages All ages inish: tbc 10/11 years 12 years	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307	200m 100m 50m 400m LS	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open	HDW Heats Heats HDW Estimated final Final Final	All ages All ages All ages All ages Inish: tbc Inish: tbc Inish: tbc Inish: tbc Inish: tbc Inish: tbc	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307 308	200m 100m 50m 400m LS	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open	HDW Heats Heats HDW Estimated f Final Final Final Final	All ages All ages All ages All ages Inish: tbc Inish: tbc Inish: 12 years Inish: 13 years Inish: 14 years	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307 308 309	200m 100m 50m 400m LS 50m 50m 50m 50m 50m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open	HDW Heats Heats HDW Estimated f Final Final Final Final Final Final Final	All ages All ages All ages All ages All ages In ages All ages inish: tbc In ages In	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307 308 309 310	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open	HDW Heats Heats HDW Estimated f Final Final Final Final Final Final Final Final Final	All ages All ages All ages All ages All ages In ages All ages In	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307 308 309 310 311	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 50m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke	Female Male/Open Female Male/Open	HDW Heats Heats HDW Estimated final	All ages All ages All ages All ages All ages Inish: tbc	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307 308 309 310 311 312	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 50m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female	HDW Heats Heats HDW Estimated final	All ages All ages All ages All ages All ages Finish: tbc 10/11 years 12 years 13 years 14 years 15 years 16 years 17/over 10/11 years	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA up: tbc 305 306 307 308 309 310 311 312 313	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 50m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Backstroke Backstroke	Female Male/Open Female Male/Open	HDW Heats Heats HDW Estimated final	All ages All ages All ages All ages All ages Inish: tbc Inish: tb	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307 308 309 310 311 312	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 50m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female Female	HDW Heats Heats HDW Estimated final	All ages All ages All ages All ages All ages Finish: tbc 10/11 years 12 years 13 years 14 years 15 years 16 years 17/over 10/11 years	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307 308 309 310 311 312 313 314	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 100m 100m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Backstroke Backstroke Backstroke Backstroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female Female Female	HDW Heats Heats Heats HDW Estimated final	All ages All ages All ages All ages All ages All ages inish: tbc 10/11 years 12 years 13 years 14 years 15 years 16 years 17/over 10/11 years 12 years 13 years	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307 308 309 310 311 312 313 314 315	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 100m 100m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Backstroke Backstroke Backstroke Backstroke Backstroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female Female Female Female	HDW Heats Heats Heats HDW Estimated final	All ages All ages All ages All ages All ages All ages Finish: tbc 10/11 years 12 years 13 years 14 years 15 years 16 years 17/over 10/11 years 12 years 13 years 14 years 114 years 115 years 117 years 118 years 119 years	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA -up: tbc 305 306 307 308 309 310 311 312 313 314 315 316	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 100m 100m 100m 100m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Backstroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female Female Female Female Female	HDW Heats Heats Heats HDW Estimated f Final	All ages All ages All ages All ages All ages All ages Inish: tbc	
Warm Event SESSIO Warm-	up: 11.45 301 302 303 304 N 7 FINA up: tbc 305 306 307 308 309 310 311 312 313 314 315 316 317	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 100m 100m 100m 100m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Backstroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female Female Female Female Female Female Female Female	HDW Heats Heats Heats HDW Estimated f Final	All ages All ages All ages All ages All ages All ages Finish: tbc 10/11 years 12 years 13 years 14 years 15 years 16 years 17/over 10/11 years 12 years 13 years 14 years 15 years 16 years 17 years 16 years 17 years 18 years 19 years 19 years 19 years 19 years 19 years	
SESSIO Warm- Event	up: 11.45 301 302 303 304 N 7 FINA up: tbc 305 306 307 308 309 310 311 312 313 314 315 316 317	200m 100m 50m 400m 50m 400m 50m 50m 50m 50m 50m 100m 100m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Backstroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female Female Female Female Female Female Female Female	HDW Heats Heats Heats HDW Estimated f Final	All ages All ages All ages All ages All ages All ages Finish: tbc 10/11 years 12 years 13 years 14 years 15 years 16 years 17/over 10/11 years 12 years 13 years 14 years 15 years 16 years 17 years 16 years 17 years 18 years 19 years 19 years 19 years 19 years 19 years	
SESSIO SESSIO	up: 11.45 301 302 303 304 N 7 FINA up: tbc 305 306 307 308 309 310 311 312 313 314 315 316 317 318 N 8 HEAT up: tbc	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 100m 100m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Backstroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female Female Female Female Female Female Female Female	HDW Heats Heats Heats HDW Estimated f Final	All ages All ages All ages All ages All ages All ages inish: tbc 10/11 years 12 years 13 years 14 years 15 years 16 years 17/over 10/11 years 12 years 13 years 14 years 15 years 16 years 17/over 10/11 years 17/over 10/11 years 11/0ver 11/0ver 11/0ver	
SESSIO SESSIO	up: 11.45 301 302 303 304 N 7 FINA up: tbc 305 306 307 308 309 310 311 312 313 314 315 316 317 318 N 8 HEAT up: tbc 319	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 100m 100m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Backstroke Breaststroke Backstroke Backstroke Backstroke Backstroke Backstroke Backstroke Backstroke Backstroke Backstroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female	HDW Heats Heats Heats HDW Estimated for Final	All ages All ages All ages All ages All ages All ages Inish: tbc Inish: the Initial Initi	
SESSIO Warm- Event	up: 11.45 301 302 303 304 N 7 FINA up: tbc 305 306 307 308 309 310 311 312 313 314 315 316 317 318 N 8 HEAT up: tbc 319 320	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 100m 100m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Backstroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female	HDW Heats Heats Heats HDW Estimated for Final	All ages All ages All ages All ages All ages All ages Inish: tbc Inish: thc	
SESSIO Warm- Event	up: 11.45 301 302 303 304 N 7 FINA up: tbc 305 306 307 308 309 310 311 312 313 314 315 316 317 318 N 8 HEAT up: tbc 319	200m 100m 50m 400m LS 50m 50m 50m 50m 50m 50m 100m 100m 100m	Individual Medley Backstroke Breaststroke Freestyle Start: tbc Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Breaststroke Backstroke Breaststroke Backstroke Backstroke Backstroke Backstroke Backstroke Backstroke Backstroke Backstroke Backstroke	Female Male/Open Female Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Male/Open Female	HDW Heats Heats Heats HDW Estimated for Final	All ages All ages All ages All ages All ages All ages Inish: tbc Inish: the Initial Initi	

PROG	RAMM	E OF EVENTS				
SUND	AY 9 FE	BRUARY 2025	at LITTLEDOWN			
SESSIO	N 9 FINA	LS				
Warm ı	up: tbc		Start: tbc		Estimated f	finish: tbc
Event	323	100m	Freestyle	Male/Open	Final	10/11 years
	324	100m	Freestyle	Male/Open	Final	12 years
	325	100m	Freestyle	Male/Open	Final	13 years
	326	100m	Freestyle	Male/Open	Final	14 years
	327	100m	Freestyle	Male/Open	Final	15 years
	328 329	100m 100m	Freestyle Freestyle	Male/Open Male/Open	Final Final	16 years 17/over
	330	100m	Breaststroke	Female	Final	10/11 years
	331	100m	Breaststroke	Female	Final	12 years
	332	100m	Breaststroke	Female	Final	13 years
	333	100m	Breaststroke	Female	Final	14 years
	334	100m	Breaststroke	Female	Final	15 years
	335	100m	Breaststroke	Female	Final	16 years
	336	100m	Breaststroke	Female	Final	17/over
		E OF EVENTS EBRUARY 202	5 at DORCHESTER			
SUND.	AY 16 F	EBRUARY 202 w				
SUND SESSIOI Warm (AY 16 F N 10 HD up: 11.30	w	Start: 12.00	Mind	Estimated f	
SUND.	AY 16 F	EBRUARY 202 w		Mixed	Estimated 1	finish: tbc
SUND SESSIOI Warm (AY 16 F N 10 HD up: 11.30	w	Start: 12.00	Mixed		
SUND SESSIOI Warm (AY 16 F N 10 HD up: 11.30	w	Start: 12.00	Mixed		
SUND SESSIOI Warm (AY 16 F N 10 HD up: 11.30	w	Start: 12.00	Mixed		
SESSION Warm u	N 10 HD up: 11.30 401	w	Start: 12.00	Mixed		
SESSION Warm UEvent PROG	N 10 HD up: 11.30 401 RAMIM	W 1500m E OF EVENTS 2 FEBRUARY 202	Start: 12.00	Mixed		
SESSIOI Warm u Event PROG SATUR	N 10 HD up: 11.30 401 RAMM RDAY 2	W 1500m E OF EVENTS 2 FEBRUARY 202	Start: 12.00 Freestyle 025 at LITTLEDOWN	Mixed	HDW	11/over
SESSION Warm to Event PROG SATUR SESSION Warm-to	N 10 HD up: 11.30 401 RAMIM RDAY 2 N 11 HEA up: 10.19	E OF EVENTS 2 FEBRUARY 202	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20		HDW Estimated 1	11/over
SESSIOI Warm u Event PROG SATUR SESSIOI	N 10 HD up: 11.30 401 RAMM RDAY 2 N 11 HEA up: 10.19	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle	Male/Open	Estimated 1 HDW	finish: tbc All ages
SESSION Warm to Event PROG SATUR SESSION Warm-to	N 10 HDv up: 11.30 401 RAMM RDAY 2 N 11 HEA up: 10.19 501 502	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly	Male/Open Female	Estimated 1 HDW Heats	finish: tbc All ages All ages
SESSION Warm (Event	RAMIM RDAY 2 N 11 HEA up: 10.1!	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m 50m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly Backstroke	Male/Open Female Male/Open	Estimated 1 HDW Heats Heats	finish: tbc All ages All ages All ages
SESSION Warm (Event	N 10 HDv up: 11.30 401 RAMM RDAY 2 N 11 HEA up: 10.19 501 502	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly	Male/Open Female	Estimated 1 HDW Heats	finish: tbc All ages All ages
SESSION Warm to Event PROG SATUR SESSION Warm-to	RAMIM RDAY 2 N 11 HEA up: 10.1!	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m 50m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly Backstroke	Male/Open Female Male/Open	Estimated 1 HDW Heats Heats	finish: tbc All ages All ages All ages
SESSION Warm (Event	RAMIM RDAY 2 N 11 HEA up: 10.1!	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m 50m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly Backstroke	Male/Open Female Male/Open	Estimated 1 HDW Heats Heats	finish: tbc All ages All ages All ages
SESSION Warm to Event PROG SATUR SESSION Warm-to	RAMIM RDAY 2 N 11 HEA up: 10.1!	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m 50m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly Backstroke	Male/Open Female Male/Open	Estimated 1 HDW Heats Heats	finish: tbc All ages All ages All ages
SESSION Warm (Event SESSION SESSION WARM-	RAMIM RDAY 2 N 11 HEA up: 10.1!	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m 50m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly Backstroke	Male/Open Female Male/Open	Estimated 1 HDW Heats Heats	finish: tbc All ages All ages All ages
SESSION Warm to Event PROG SATUR SESSION Warm-to	RAMIM RDAY 2 N 11 HEA up: 10.1!	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m 50m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly Backstroke	Male/Open Female Male/Open	Estimated 1 HDW Heats Heats	finish: tbc All ages All ages All ages
SESSION Warm to Event PROG SATUR SESSION Warm-to	RAMIM RDAY 2 N 11 HEA up: 10.1!	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m 50m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly Backstroke	Male/Open Female Male/Open	Estimated 1 HDW Heats Heats	finish: tbc All ages All ages All ages
SESSION Warm to Event PROG SATUR SESSION Warm-to	RAMIM RDAY 2 N 11 HEA up: 10.1!	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m 50m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly Backstroke	Male/Open Female Male/Open	Estimated 1 HDW Heats Heats	finish: tbc All ages All ages All ages
SESSION Warm (Event SESSION SESSION WARM-	RAMIM RDAY 2 N 11 HEA up: 10.1!	E OF EVENTS 2 FEBRUARY 20 ATS/HDW 5 200m 100m 50m	Start: 12.00 Freestyle 025 at LITTLEDOWN Start: 11.20 Freestyle Butterfly Backstroke	Male/Open Female Male/Open	Estimated 1 HDW Heats Heats	finish: tbc All ages All ages All ages

SESSIO	N 12 FIN	ALS				
Warm-	-up: tbc		Start: tbc		Estimated f	finish: tbc
Event	505	50m	Backstroke	Male/Open	Final	10/11 years
	506	50m	Backstroke	Male/Open	Final	12 years
	507	50m	Backstroke	Male/Open	Final	13 years
	508	50m	Backstroke	Male/Open	Final	14 years
	509	50m	Backstroke	Male/Open	Final	15 years
	510	50m	Backstroke	Male/Open	Final	16 years
	511	50m	Backstroke	Male/Open	Final	17/over
	512	100m	Butterfly	Female	Final	10/11 years
	513	100m	Butterfly	Female	Final	12 years
	514	100m	Butterfly	Female	Final	13 years
	515	100m	Butterfly	Female	Final	14 years
	516	100m	Butterfly	Female	Final	15 years
	517	100m	Butterfly	Female	Final	16 years
·	518	100m	Butterfly	Female	Final	17/over
·						
SESSIO	N 13 HE	ATS/HDW	·		·	·
	-up: tbc	•	Start: tbc		Estimated f	finish: tbc
Event	519	100m	Individual Medley	Male/Open	Heats	All ages
Lvene	520	50m	Freestyle	Female	Heats	All ages
	521	50m	Butterfly	Male/Open	Heats	All ages
	522	200m	Backstroke	Female	HDW	All ages
	022	200	Duchou enc	· carc		7 4865
SESSIO	N 14 FIN	ΙΔΙ S			l	I
	up: tbc		Start: tbc		Estimated f	finish: the
Event	523	100m	Individual Medley	Male/Open	Final	10/11 years
LVEIIL	524	100m	Individual Medley	Male/Open	Final	12 years
	525	100m	Individual Medley	Male/Open	Final	13 years
	526	100m	Individual Medley	Male/Open	Final	14 years
	527	100m	Individual Medley	Male/Open	Final	15 years
	528	100m	Individual Medley	Male/Open	Final	16 years
	529	100m	Individual Medley	Male/Open	Final	17/over
	530	50m	Freestyle	Female	Final	10/11 years
	531	50m	Freestyle	Female	Final	12 years
	532	50m	Freestyle	Female	Final	13 years
	533	50m	Freestyle	Female	Final	14 years
	534	50m	Freestyle	Female	Final	15 years
	535	50m	Freestyle	Female	Final	16 years
	536	50m	Freestyle	Female	Final	17/over
	537	50m	Butterfly	Male/Open	Final	10/11 years
	538	50m	Butterfly	Male/Open	Final	12 years
	539	50m	Butterfly	Male/Open	Final	'
	540	50m	Butterfly	·	Final	13 years
	540	50m	Butterfly	Male/Open Male/Open	Final	14 years 15 years
	541	50m	Butterfly	Male/Open	Final	16 years
	L - /1 ')					

PROG	RAMM	E OF EVENTS				
		EBRUARY 2025 a	t LITTLEDOWN			
30110	A1 23 I	EDNOANT ZOZO	it Littlebown			
SESSIO	NI 1E LIE	ATS/HDW				
	up: 10.1		Start: 11.20		Estimated fin	ish: the
	-	200m	Freestyle	Female		
Event	601	100m	Butterfly	Male/Open	HDW Heats	All ages All ages
	603	50m	Backstroke	Female	Heats	All ages
	604	400m	Individual Medley	Male/Open	HDW	11/over
	1 004	400111	maiviada ivicaley	Widie/Open	11500	11/0001
SESSIO	N 16 FIN	ALS				
	up: tbc		Start: tbc		Estimated fin	ish: tbc
Event	605	50m	Backstroke	Female	Final	10/11 years
	606	50m	Backstroke	Female	Final	12 years
	607	50m	Backstroke	Female	Final	13 years
	608	50m	Backstroke	Female	Final	14 years
	609	50m	Backstroke	Female	Final	15 years
	610	50m	Backstroke	Female	Final	16 years
	611	50m	Backstroke	Female	Final	17/over
	612	100m	Butterfly	Male/Open	Final	10/11 years
	613	100m	Butterfly	Male/Open	Final	12 years
	614	100m	Butterfly	Male/Open	Final	13 years
	615	100m	Butterfly	Male/Open	Final	14 years
	616	100m	Butterfly	Male/Open	Final	15 years
	617	100m	Butterfly	Male/Open	Final	16 years
	618	100m	Butterfly	Male/Open	Final	17/over
		ATS/HDW	1			
	up: tbc	100	Start: tbc	- I	Estimated fin	
Event	619 620	100m 50m	Individual Medley	Female	Heats	All ages
	621	50m	Freestyle	Male/Open Female	Heats Heats	All ages
	622	200m	Butterfly Backstroke	Male/Open	HDW	All ages
	022	200111	backstroke	iviale/Open	I HDW	All ages
SESSIO	N 18 FIN	A1 S				
	up: tbc	ALS	Start: tbc		Estimated fin	ich: the
Event	623	100m	Individual Medley	Female	Final	10/11 years
LVEIIL	624	100m	Individual Medley	Female	Final	12 years
	625	100m	Individual Medley	Female	Final	13 years
	626	100m	Individual Medley	Female	Final	14 years
	627	100m	Individual Medley	Female	Final	15 years
	628	100m	Individual Medley	Female	Final	16 years
	629	100m	Individual Medley	Female	Final	17/over
	630	50m	Freestyle	Male/Open	Final	10/11 years
	631	50m	Freestyle	Male/Open	Final	12 years
	632	50m	Freestyle	Male/Open	Final	13 years
	633	50m	Freestyle	Male/Open	Final	14 years
	634	50m	Freestyle	Male/Open	Final	15 years
	635	50m	Freestyle	Male/Open	Final	16 years
	636	50m	Freestyle	Male/Open	Final	17/over
	637	50m	Butterfly	Female	Final	10/11 years
	638	50m	Butterfly	Female	Final	12 years
	639	50m	Butterfly	Female	Final	13 years
	640	50m	Butterfly	Female	Final	14 years
	641	50m	Butterfly	Female	Final	15 years
	L C 4 2	I F0m	Butterfly	Female	Final	16 years
	642 643	50m 50m	Butterfly	Female	Final	16 years 17/over

7175 CUNSIDE	RATION TIP	MES (age as o	f 31 Decem	herl				
MALE/OPEN	INATION III	10/11	12	13	14	15	16	17/over
WIALL/OF LIV		10/11	12	13	14	13	10	17/0VE1
FREESTYLE	50m	43.38	37.32	35.52	31.67	30.80	30.31	29.24
	100m	1.34.75	1.20.52	1.16.20	1.08.92	1.07.06	1.05.80	1.03.52
	200m	3.24.75	2.54.96	2.45.72	2.30.54	2.26.34	2.24.01	2.19.20
	400m	6.44.13	6.06.84	5.48.00	5.19.91	5.11.39	5.07.39	4.57.43
	800m	х	12.56.25	12.10.25	11.12.75	11.01.25	10.44.00	10.38.25
	1500m	х	25.18.00	23.51.75	23.28.75	20.59.25	20.30.50	20.24.75
BREASTSTROKE	50m	56.88	50.25	45.12	41.90	40.45	39.84	38.09
	100m	1.59.28	1.47.75	1.36.72	1.31.79	1.29.39	1.27.61	1.23.66
	200m	4.07.38	3.52.50	3.29.76	3.18.75	3.14.06	3.11.38	3.02.45
BUTTERFLY	50m	55.00	43.25	39.12	35.54	34.44	33.80	32.71
	100m	2.00.00	1.50.00	1.35.00	1.22.30	1.19.38	1.17.77	1.14.87
	200m	3.40.63	3.27.75	3.07.68	2.57.31	2.51.71	2.48.35	2.41.68
BACKSTROKE	50m	50.13	45.00	40.56	37.89	36.68	36.08	34.78
	100m	1.48.75	1.34.88	1.25.68	1.21.50	1.18.78	1.17.39	1.14.26
	200m	3.34.75	3.22.75	3.03.72	2.55.98	2.51.08	2.47.58	2.42.20
IND MEDLEY	100m	1.50.38	1.34.92	1.29.40	1.19.80	1.17.40	1.15.24	1.14.40
	200m	3.54.75	3.18.72	3.08.52	2.50.00	2.45.35	2.42.92	2.37.34
	400m	х	6.59.28	6.38.28	6.01.58	5.53.93	5.49.24	5.38.88
FEMALE		10/11	12	13	14	15	16	17/over
FREESTYLE	50m	44.13	38.40	37.20	33.65	33.37	33.14	32.60
	100m	1.36.88	1.21.96	1.19.56	1.12.74	1.11.87	1.11.36	1.10.30
	200m	3.26.13	2.56.40	2.50.64	2.37.43	2.35.60	2.34.40	2.31.79
	400m	6.43.88	6.07.20	5.55.92	5.31.42	5.29.04	5.26.80	5.20.63
	800m	+ 01.10100						
		x	12.56.25	12.04.50	11.49.55	11.30.00	11.30.00	11.07.00
		X X	12.56.25 25.25.50	12.04.50 24.26.25	11.49.55 23.00.00	11.30.00 22.42.75	11.30.00 23.00.00	11.07.00 21.50.00
	1500m	+ + + + + + + + + + + + + + + + + + + +	12.56.25 25.25.50	12.04.50 24.26.25	23.00.00	11.30.00 22.42.75	23.00.00	21.50.00
BREASTSTROKE		+ + + + + + + + + + + + + + + + + + + +					-	21.50.00
BREASTSTROKE	1500m	х	25.25.50	24.26.25	23.00.00	22.42.75	23.00.00 43.46	21.50.00 42.79
BREASTSTROKE	1500m 50m	57.38	25.25.50 50.75	24.26.25 46.92	23.00.00 44.16	22.42.75 43.93	23.00.00	21.50.00 42.79 1.33.23
BREASTSTROKE	1500m 50m 100m	57.38 2.05.00	25.25.50 50.75 1.48.88	24.26.25 46.92 1.40.08	23.00.00 44.16 1.36.38	22.42.75 43.93 1.35.65	23.00.00 43.46 1.35.05	21.50.00 42.79 1.33.23
BREASTSTROKE BUTTERFLY	1500m 50m 100m	57.38 2.05.00	25.25.50 50.75 1.48.88	24.26.25 46.92 1.40.08	23.00.00 44.16 1.36.38	22.42.75 43.93 1.35.65	23.00.00 43.46 1.35.05	42.79 1.33.23 3.22.38
	1500m 50m 100m 200m	57.38 2.05.00 4.07.13	25.25.50 50.75 1.48.88 3.53.60	24.26.25 46.92 1.40.08 3.34.56	23.00.00 44.16 1.36.38 3.27.00	43.93 1.35.65 3.26.44	43.46 1.35.05 3.25.75	42.79 1.33.23 3.22.38
	1500m 50m 100m 200m	57.38 2.05.00 4.07.13 55.00	25.25.50 50.75 1.48.88 3.53.60 43.75	24.26.25 46.92 1.40.08 3.34.56 40.56	23.00.00 44.16 1.36.38 3.27.00	43.93 1.35.65 3.26.44 37.04	43.46 1.35.05 3.25.75	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01
	1500m 50m 100m 200m 50m 100m	57.38 2.05.00 4.07.13 55.00 2.00.00	25.25.50 50.75 1.48.88 3.53.60 43.75 1.50.00	24.26.25 46.92 1.40.08 3.34.56 40.56 1.35.00	23.00.00 44.16 1.36.38 3.27.00 37.38 1.26.50	43.93 1.35.65 3.26.44 37.04 1.25.62	43.46 1.35.05 3.25.75 36.70 1.24.70	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01
	1500m 50m 100m 200m 50m 100m	57.38 2.05.00 4.07.13 55.00 2.00.00	25.25.50 50.75 1.48.88 3.53.60 43.75 1.50.00	24.26.25 46.92 1.40.08 3.34.56 40.56 1.35.00	23.00.00 44.16 1.36.38 3.27.00 37.38 1.26.50	43.93 1.35.65 3.26.44 37.04 1.25.62	43.46 1.35.05 3.25.75 36.70 1.24.70	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01 2.57.53
BUTTERFLY	50m 100m 200m 50m 100m 200m	57.38 2.05.00 4.07.13 55.00 2.00.00 3.43.13	25.25.50 50.75 1.48.88 3.53.60 43.75 1.50.00 3.28.50	46.92 1.40.08 3.34.56 40.56 1.35.00 3.12.24	23.00.00 44.16 1.36.38 3.27.00 37.38 1.26.50 3.04.68	43.93 1.35.65 3.26.44 37.04 1.25.62 3.03.60	43.46 1.35.05 3.25.75 36.70 1.24.70 3.01.91	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01 2.57.53
BUTTERFLY	50m 100m 200m 50m 100m 200m 50m	x 57.38 2.05.00 4.07.13 55.00 2.00.00 3.43.13	25.25.50 50.75 1.48.88 3.53.60 43.75 1.50.00 3.28.50	24.26.25 46.92 1.40.08 3.34.56 40.56 1.35.00 3.12.24	23.00.00 44.16 1.36.38 3.27.00 37.38 1.26.50 3.04.68	43.93 1.35.65 3.26.44 37.04 1.25.62 3.03.60	43.46 1.35.05 3.25.75 36.70 1.24.70 3.01.91	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01 2.57.53 38.48 1.21.78
BUTTERFLY	50m 100m 200m 50m 100m 200m 50m 100m	x 57.38 2.05.00 4.07.13 55.00 2.00.00 3.43.13 50.25 1.49.25 3.33.75	25.25.50 50.75 1.48.88 3.53.60 43.75 1.50.00 3.28.50 45.25 1.35.38	24.26.25 46.92 1.40.08 3.34.56 40.56 1.35.00 3.12.24 42.00 1.28.20	23.00.00 44.16 1.36.38 3.27.00 37.38 1.26.50 3.04.68 39.90 1.25.03	43.93 1.35.65 3.26.44 37.04 1.25.62 3.03.60 39.41 1.24.21 3.01.75	23.00.00 43.46 1.35.05 3.25.75 36.70 1.24.70 3.01.91 39.18 1.23.54	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01 2.57.53 38.48 1.21.78
BUTTERFLY	50m 100m 200m 50m 100m 200m 50m 100m	x 57.38 2.05.00 4.07.13 55.00 2.00.00 3.43.13 50.25 1.49.25	25.25.50 50.75 1.48.88 3.53.60 43.75 1.50.00 3.28.50 45.25 1.35.38	24.26.25 46.92 1.40.08 3.34.56 40.56 1.35.00 3.12.24 42.00 1.28.20	23.00.00 44.16 1.36.38 3.27.00 37.38 1.26.50 3.04.68 39.90 1.25.03	22.42.75 43.93 1.35.65 3.26.44 37.04 1.25.62 3.03.60 39.41 1.24.21	23.00.00 43.46 1.35.05 3.25.75 36.70 1.24.70 3.01.91 39.18 1.23.54	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01 2.57.53 38.48 1.21.78 2.56.38
BUTTERFLY BACKSTROKE	50m 100m 200m 50m 100m 200m 50m 100m 200m	x 57.38 2.05.00 4.07.13 55.00 2.00.00 3.43.13 50.25 1.49.25 3.33.75	25.25.50 50.75 1.48.88 3.53.60 43.75 1.50.00 3.28.50 45.25 1.35.38 3.23.00	24.26.25 46.92 1.40.08 3.34.56 40.56 1.35.00 3.12.24 42.00 1.28.20 3.08.64	23.00.00 44.16 1.36.38 3.27.00 37.38 1.26.50 3.04.68 39.90 1.25.03 3.02.70	43.93 1.35.65 3.26.44 37.04 1.25.62 3.03.60 39.41 1.24.21 3.01.75	23.00.00 43.46 1.35.05 3.25.75 36.70 1.24.70 3.01.91 39.18 1.23.54 3.00.20	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01 2.57.53 38.48 1.21.78 2.56.38
BUTTERFLY BACKSTROKE	50m 100m 200m 50m 100m 200m 50m 100m 200m 100m 200m	x 57.38 2.05.00 4.07.13 55.00 2.00.00 3.43.13 50.25 1.49.25 3.33.75 1.48.75 3.55.13 x	25.25.50 50.75 1.48.88 3.53.60 43.75 1.50.00 3.28.50 45.25 1.35.38 3.23.00 1.35.64 3.19.32 6.59.52	46.92 1.40.08 3.34.56 40.56 1.35.00 3.12.24 42.00 1.28.20 3.08.64 1.31.92 3.13.32 6.44.64	23.00.00 44.16 1.36.38 3.27.00 37.38 1.26.50 3.04.68 39.90 1.25.03 3.02.70 1.24.96 2.57.90 6.17.12	43.93 1.35.65 3.26.44 37.04 1.25.62 3.03.60 39.41 1.24.21 3.01.75	33.00.00 43.46 1.35.05 3.25.75 36.70 1.24.70 3.01.91 39.18 1.23.54 3.00.20 1.22.68	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01 2.57.53 38.48 1.21.78 2.56.38 1.22.56 2.52.39
BUTTERFLY BACKSTROKE	50m 100m 200m 50m 100m 200m 50m 100m 200m 100m 200m	x 57.38 2.05.00 4.07.13 55.00 2.00.00 3.43.13 50.25 1.49.25 3.33.75 1.48.75 3.55.13	25.25.50 50.75 1.48.88 3.53.60 43.75 1.50.00 3.28.50 45.25 1.35.38 3.23.00 1.35.64 3.19.32 6.59.52	46.92 1.40.08 3.34.56 40.56 1.35.00 3.12.24 42.00 1.28.20 3.08.64 1.31.92 3.13.32 6.44.64	23.00.00 44.16 1.36.38 3.27.00 37.38 1.26.50 3.04.68 39.90 1.25.03 3.02.70 1.24.96 2.57.90 6.17.12	43.93 1.35.65 3.26.44 37.04 1.25.62 3.03.60 39.41 1.24.21 3.01.75 1.23.76 2.56.38	33.00.00 43.46 1.35.05 3.25.75 36.70 1.24.70 3.01.91 39.18 1.23.54 3.00.20 1.22.68 2.51.91	21.50.00 42.79 1.33.23 3.22.38 35.98 1.23.01 2.57.53 38.48 1.21.78 2.56.38

	Pa	ara-Swim C	onsideratio	n Standard	ls Swim Er	ngland Cour	nty/ Open	Meet	
Open	50m Free	100m Free	200m Free	400m Free	800m Free	1500m Free	50m Back	100m Back	200m Back
S1	02:11.22	06:45.16	08:05.74				02:07.14	04:27.46	
S2	01:42.66	03:54.86	08:05.74				01:52.40	03:52.10	
S3	01:18.17	02:54.81	06:05.38				01:18.83	03:00.13	
S4	01:03.75	02:21.07	05:04.44				01:13.75	03:06.25	
S 5	00:53.57	01:54.82	04:14.74				00:59.60	02:05.97	
S6	00:49.45	01:48.56	03:52.81	08:00.49	16:45.41	31:47.32	00:58.34	02:06.68	04:36.78
S7	00:46.38	01:42.24	03:44.38	07:43.05	17:04.33	31:54.61	00:57.07	01:55.58	04:28.79
S8	00:44.35	01:37.26	03:34.35	07:22.31	16:25.12	31:16.29	00:52.14	01:47.41	03:51.35
S9	00:41.28	01:29.71	03:16.81	06:58.64	14:57.02	27:59.58	00:46.99	01:38.48	03:48.09
S10	00:38.15	01:22.79	03:11.81	06:38.77	14:15.37	26:43.35	00:45.85	01:37.39	03:30.10
S11	00:44.56	01:36.30	03:36.34	07:32.80	16:04.68	28:10.82	00:51.09	01:54.55	04:57.24
S12	00:40.56	01:28.38	03:29.58	06:56.58	16:04.68	28:10.82	00:45.12	01:37.82	03:36.02
S13	00:39.75	01:28.55	03:17.13	06:39.89	16:04.68	28:28.75	00:45.03	01:37.27	03:42.55
S14	00:37.84	01:24.74	03:09.63	06:47.71	13:46.88	26:29.86	00:41.51	01:36.75	03:34.79
Open	50m Breast	100m Breast	200m Breast	50m Fly	100m Fly	200m Fly	100m IM	200m IM	400m IM
S1	02:43.76	03:55.64		02:16.68			09:07.77		
S2	01:43.21	03:55.64		02:16.68			09:07.77		
S3	01:22.02	03:02.82		01:22.60			03:45.62	06:00.52	
S4	01:15.11	02:35.53	09:24.84	01:13.32			02:42.74	06:00.52	
S5	01:08.02	02:24.64	05:14.58	00:57.83	02:54.98		02:14.28	04:42.10	
S6	01:04.00	02:18.12	04:59.98	00:53.35	01:56.89		02:06.94	04:30.76	09:36.95
S7	00:58.57	02:06.79	04:55.82	00:53.89	02:03.44		02:01.24	04:19.11	09:36.95
S8	00:53.36	01:55.69	04:09.39	00:46.73	01:41.85	03:56.56	01:49.92	03:53.17	08:30.78
S9	00:49.45	01:48.10	04:08.81	00:45.24	01:39.11	03:47.95	01:40.42	03:40.47	08:16.25
S10	00:54.40	01:57.81	04:18.45	00:41.60	01:32.29	03:48.92	01:37.80	03:30.88	08:21.62
S11	00:52.09	01:55.14	04:11.58	00:48.81	01:48.32	04:43.19	01:48.94	03:55.87	08:03.62
S12	00:51.31	01:42.44	03:55.65	00:42.58	01:35.96	04:03.97	01:41.03	03:42.07	08:03.62
S13	00:46.83	01:44.16	03:58.49	00:41.82	01:34.86	03:44.37	01:39.62	03:36.65	07:57.61
010	00.10.05	01.11.10	00.001.0	00.11.02	01.5 1.00	05.44.57	01.55.02	05.50.05	07.57.01

	1	I	1			1			I
Female	50m Free	100m Free	200m Free	400m Free	800m Free	1500m Free	50m Back	100m Back	200m Back
S1	01:32.05	03:22.01	08:34.03				01:54.89	03:58.65	
S2	01:35.23	03:59.84	08:26.28				01:53.68	03:58.97	
S3	01:20.38	02:50.49	05:51.95				01:26.00	03:00.71	
S4	01:09.26	02:30.87	05:26.42				01:29.93	03:03.55	
S5	01:03.56	02:18.74	04:45.11				01:12.49	02:36.01	
S6	00:58.17	02:06.36	04:31.93	09:08.91	24:04.30	37:34.22	01:07.27	02:21.98	04:55.02
S7	00:54.69	01:56.55	04:14.00	08:44.50	20:09.69	34:35.33	01:01.27	02:07.45	05:02.29
S8	00:51.70	01:51.52	03:54.28	07:54.91	18:34.06	32:23.68	01:00.71	02:01.36	04:21.51
S9	00:47.94	01:45.32	03:51.90	07:52.57	14:56.90	29:02.65	00:54.98	01:54.53	04:02.62
S10	00:46.27	01:41.01	03:33.15	07:33.37	16:12.59	31:33.56	00:51.83	01:54.68	04:03.69
S11	00:51.24	01:50.24	04:05.92	08:34.42	18:11.47	36:45.80	01:01.93	02:11.27	04:52.72
S12	00:45.12	01:39.62	03:41.29	07:37.20	16:55.87	29:40.51	00:55.42	01:51.83	04:26.07
S13	00:46.02	01:38.33	03:38.50	07:40.12	16:30.22	30:25.63	00:51.56	01:48.10	04:00.04
S14	00:43.32	01:38.36	03:30.31	07:32.34	15:02.02	29:49.66	00:47.70	01:51.66	03:56.69
Female	50m Breast	100m Breast	200 D						
		Toom Breast	200m Breast	50m Fly	100m Fly	200m Fly	100m IM	200m IM	400m IM
S1	02:21.36	05:22.27	200m Breast	01:26.33	100m Fly	200m Fly	100m IM 05:47.40	200m IM	400m IM
S1 S2			200m Breast	· · · · · ·	100m Fly	200m Fly		200m IM	400m IM
	02:21.36	05:22.27	200m Breast	01:26.33	03:48.43	200m Fly	05:47.40	08:18.47	400m IM
S2	02:21.36 01:56.40	05:22.27 04:23.19	05:51.61	01:26.33 01:39.74	,	200m Fly	05:47.40 05:47.40		400m IM
S2 S3	02:21.36 01:56.40 01:28.86	05:22.27 04:23.19 03:43.58		01:26.33 01:39.74 01:44.26	03:48.43	200m Fly	05:47.40 05:47.40 03:51.27	08:18.47	400m IM
S2 S3 S4	02:21.36 01:56.40 01:28.86 01:22.02	05:22.27 04:23.19 03:43.58 02:57.29	05:51.61	01:26.33 01:39.74 01:44.26 01:28.06	03:48.43 03:05.84	200m Fly	05:47.40 05:47.40 03:51.27 03:17.98	08:18.47 07:04.74	400m IM
\$2 \$3 \$4 \$5	02:21.36 01:56.40 01:28.86 01:22.02 01:14.00	05:22.27 04:23.19 03:43.58 02:57.29 02:42.01	05:51.61 05:51.61	01:26.33 01:39.74 01:44.26 01:28.06 01:22.50	03:48.43 03:05.84 02:23.90	200m Fly	05:47.40 05:47.40 03:51.27 03:17.98 02:40.43	08:18.47 07:04.74 05:43.98	400m IM
\$2 \$3 \$4 \$5 \$6	02:21.36 01:56.40 01:28.86 01:22.02 01:14.00 01:14.85	05:22.27 04:23.19 03:43.58 02:57.29 02:42.01 02:35.52	05:51.61 05:51.61 06:10.87	01:26.33 01:39.74 01:44.26 01:28.06 01:22.50 01:01.93	03:48.43 03:05.84 02:23.90 02:17.56	05:02.96	05:47.40 05:47.40 03:51.27 03:17.98 02:40.43 02:27.64	08:18.47 07:04.74 05:43.98 05:00.02	10:29.97
\$2 \$3 \$4 \$5 \$6 \$7	02:21.36 01:56.40 01:28.86 01:22.02 01:14.00 01:14.85 01:10.30	05:22.27 04:23.19 03:43.58 02:57.29 02:42.01 02:35.52 02:27.64	05:51.61 05:51.61 06:10.87 05:36.63	01:26.33 01:39.74 01:44.26 01:28.06 01:22.50 01:01.93 00:58.89	03:48.43 03:05.84 02:23.90 02:17.56 02:02.81	,	05:47.40 05:47.40 03:51.27 03:17.98 02:40.43 02:27.64 02:21.22	08:18.47 07:04.74 05:43.98 05:00.02 04:54.22	
\$2 \$3 \$4 \$5 \$6 \$7 \$8	02:21.36 01:56.40 01:28.86 01:22.02 01:14.00 01:14.85 01:10.30 01:01.29	05:22.27 04:23.19 03:43.58 02:57.29 02:42.01 02:35.52 02:27.64 02:08.42	05:51.61 05:51.61 06:10.87 05:36.63 04:43.53	01:26.33 01:39.74 01:44.26 01:28.06 01:22.50 01:01.93 00:58.89 00:56.85	03:48.43 03:05.84 02:23.90 02:17.56 02:02.81 01:54.09	05:02.96	05:47.40 05:47.40 03:51.27 03:17.98 02:40.43 02:27.64 02:21.22 02:02.86	08:18.47 07:04.74 05:43.98 05:00.02 04:54.22 04:24.91	10:29.97
\$2 \$3 \$4 \$5 \$6 \$7 \$8 \$9	02:21.36 01:56.40 01:28.86 01:22.02 01:14.00 01:14.85 01:10.30 01:01.29	05:22.27 04:23.19 03:43.58 02:57.29 02:42.01 02:35.52 02:27.64 02:08.42 02:00.22	05:51.61 05:51.61 06:10.87 05:36.63 04:43.53 04:27.16	01:26.33 01:39.74 01:44.26 01:28.06 01:22.50 01:01.93 00:58.89 00:56.85 00:48.79	03:48.43 03:05.84 02:23.90 02:17.56 02:02.81 01:54.09 01:47.32	05:02.96 04:18.79	05:47.40 05:47.40 03:51.27 03:17.98 02:40.43 02:27.64 02:21.22 02:02.86 02:02.11	08:18.47 07:04.74 05:43.98 05:00.02 04:54.22 04:24.91 04:12.50	10:29.97 08:51.47
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